



# Jennifer Regular

Inspirational Speaker, Author,  
Podcast Host

Known as, "The Soul Illuminator", Jennifer Regular uses her incredible sense of intuition and insight to guide purpose-driven entrepreneurs to focus on the difference they want to make in alignment with their Soul Calling, while effectively managing their time and energy to prevent overwhelm.

She is an Inspirational Speaker, Author of *Embrace Your Power: A Healing Journal of Self-Discovery*, and Host of the *Awaken & Ascend Podcast*. She is also the Founder and Visionary of the *Wake Up and Change the World Global Summit*.

## SIGNATURE TOPICS

- ✓ Soul-Care is the New Self-Care
- ✓ What You Might Not Know About Imposter Syndrome
- ✓ Courage to Dream a New Dream
- ✓ Co-Creating Global Harmony



"I attended a presentation by Jennifer and was impressed by the depth of her commitment to our wellness, our healing and transformation. She exudes caring, authenticity and integrity!"~ Zensho Gabriel, Transformational Expert