



Jennifer Regular

Inspirational Speaker, Author,
& Podcast Host

SIGNATURE TOPICS

- ✓ Essential Soul Care
- ✓ Spiritual Self-Mastery
- ✓ Courage to Change

Known as, "The Soul Illuminator", Jennifer Regular uses her incredible sense of intuition and insight to guide purpose-driven entrepreneurs to focus on the difference they want to make in alignment with their Soul Calling, while effectively managing their time and energy to prevent overwhelm.

She is an International Speaker, Author of *Embrace Your Power: A Healing Journal of Self-Discovery*, and Host of the *Awaken & Ascend Podcast*.



"I attended a presentation by Jennifer and was impressed by the depth of her commitment to our wellness, our healing and transformation. She exudes caring, authenticity and integrity!"~ Zensho Gabriel, Transformational Expert